

EVENTS

GRAND ROUNDS — June 18, 2014

Combined Psychiatry & Neurology Grand Rounds:
Neuromodulation for Treatment Resistant Depression

MAGEC — June 27, 2014

2014 IGT (Interprofessional Geriatric Training):
Managing Behavioral Issues in Patients
with Dementia

<http://www.centeronaging.med.miami.edu/magec/Calendar>

RESIDENT GRADUATION — June 30, 2014

NEW RESIDENTS BEGIN — July 1, 2014

FEATURED EVENT



Charles Nemeroff, M.D., Ph.D., Dean Pascal J. Goldschmidt, M.D., and some members of the Women's Planning Committee at the recent "Lean In on Mental Health" event held at the Sagamore Hotel, Miami Beach. BrainStorms will feature information regarding future awareness events.

UNIVERSITY OF MIAMI
MILLER SCHOOL
of MEDICINE



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BrainStorms

Newsletter of the University of Miami Department of Psychiatry and Behavioral Sciences

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COMINGS

A warm welcome to our new faculty and staff!

Sanjay Adhikari, programmer intermediate working at the Center on Aging
Orchid Ballester, patient services manager of the clinical practice
Ronald Berkowsky, Ph.D., post-doctoral fellow at the Center on Aging
Victoria Castro, development officer for major gifts
Maggy De Tullio, M.B.A., sr. project manager department administration
Elisa Diaz, Psy.D., post-doctoral fellow at The Healing Place
Sindy Garcia, HR generalist, HR transactions
Lynnette Goldich, HR client services manager, main point of contact for HR matters
Daniel Jimenez, Ph.D., assistant professor conducting research on elderly Hispanics
Andrea Santo, program manager for the residency training program

Best of luck to our departing group!

& GOINGS

Anzhelika Engel, M.D., sr. research associate, starting residency at the U. of Tennessee
David Green, development officer, now assistant vp of advancement at the Arsht Center
Cherie O'Neil, program manager for residency training, retiring after 23 years
Jean Sherman, Ed.D., R.N., assistant professor, retiring from MAGEC after 20 years

A Message from the Chairman



Although space constraints preclude documentation of all of the remarkable goings-on in the Department, we highlight a few of the major initiatives.

Last month, we closed the fiscal year ahead of budget; took part in the Miller School of Medicine graduation; recruited a superb new group of 13 first year psychiatry residents and new fellows in child psychiatry, geriatric psychiatry, forensic psychiatry, substance abuse, and psychosomatic medicine. These young psychiatrists in training join us from a broad representation of U.S. medical schools and select international programs.

The newly constructed Med-Psych Unit at the University of Miami Hospital (UMH), specializing in patients with both medical and psychiatric disorders--the first in south Florida--is set to open. Our relationship with the Jackson Health System (JHS) remains vibrant with joint faculty recruitments being planned together with Nicoletta Tessler, Psy.D., Vice President/Chief Administrative Officer of Jackson Behavioral Health Hospital. Our Community External Advisory Board, co-chaired by Mr. Harley Tropin and Ms. Susan Racher, is hard at work reviewing our philanthropic accomplishments including the very successful "Lean-In" event held at the Sagamore Hotel on April 9, 2014. The Advisory Board is also planning a number of educational and fund raising events for the coming year. We are

particularly proud of the accolades received by our faculty and residents. These include their continued service with National Institute of Health (NIH) Grant Review Committees (Drs. Izenwasser, Salloum, Wahlestedt, Harvey, Czaja, Loewenstein, Nemeroff and others), and recognition by their peers for their remarkable scientific discoveries.

In 2013 Sara J. Czaja, Ph.D. and other CREATE investigators were awarded the 2013 Jack Kraft Award for Innovation from the Human Factors and Ergonomics Society. She also received the Social Impact Award from the Association of Computing Machinery (ACM), Special Interest Group for Human Computer Interaction (SIGCHI) and was named President of Division 20 (Adult Development and Aging) American Psychological Association (2013-2016).

Philip Harvey, Ph.D., received the 2014 Barnwell Prize, the highest and most prestigious award by the Department of Veterans Affairs for research nationwide. He also received the Schizophrenia Research Award from the Schizophrenia International Research Society.

Several members of the faculty were elected to membership in the prestigious American College of Psychiatrists (ACP) including Beatriz Currier, M.D., Associate Professor and Chief, Consultation-Liaison Psychiatry; and Jon Shaw, M.D., Professor and Chief, Child and Adolescent Psychiatry. Pedro Ruiz, M.D., Executive Vice Chair for Clinical Programs will complete his tenure as President of the World Psychiatric Association (WPA). I was honored to be appointed by the American Psychiatric Asso-

ciation to the Council of Research and as Chairman of both the Research Colloquium for Young Investigators and the workgroup on Diagnostic Biomarkers and Treatment. I also received the Gold Medal Award from the International Union of Biochemistry and Molecular Biology and was the 2013 Max Planck Institute of Psychiatry Visiting Professor.

Samir Sabbag, M.D., assistant professor, has been awarded an NIH training grant to participate in the Geriatric Psychiatry Summer School at UCLA. Several faculty have been asked to take on additional roles at the Miller School of Medicine. These include Ingrid Vasiliu-Feltes, M.D., M.B.A., the new Miller School of Medicine's Chief Patient Safety and Compliance Officer; and myself, appointed Associate Director of the M.D./Ph.D. Program.

Finally, last but not least, is this first issue of BrainStorms, our departmental newsletter, which will be published at regular intervals to inform our faculty, staff and friends in the community about the department. We have a number of very exciting new initiatives planned for the coming year.

My best wishes to all of you for a happy and healthy summer.

Charles B. Nemeroff, M.D., Ph.D.
Leonard M. Miller Professor and Chair

Where Do I Go? What Do I Do?

For a Mental Health Emergency

Call 911, if someone is in danger of hurting themselves or others

University of Miami Hospital (UMH) Mental Health Admissions/ER
305.689.4444

Jackson Mental Health (JMH) Crisis Triage 305.355.7332

Silver Alert - If your loved one has gone missing, please call 911 immediately. A statewide initiative to involve the public in locating a cognitively impaired driver who has gotten lost. Go to: <http://www.floridasilveralert.com/when-someone-goes-missing>

Appointments and Office Numbers

Main Psychiatry Appointment Scheduling
305.355.9028 option 1

Behavioral Health Hospital 305.355.9028 option 2

Boca Raton 561.939.4044

Child & Adolescent 305.355.7077

Clinical Research Building 305.243.2301

Courtelis Center 305.243.4129

Deerfield Beach 954.571.0117

University of Miami Hospital 305.689.1352

Center on Aging 305.355.9081

Brain Fitness Pavilion 305.355.9080
English, then option 3

Memory Disorders Clinic 305.355.9065

Chairman's Office 305.243.6400



Faculty Spotlight Dr. Elizabeth Crocco

Dr. Crocco is Chief of Geriatric Psychiatry

services for individuals with Alzheimer's disease or related disorders and their families. As a clinical scientist, she participates in research on caregiving and the development of measures to diagnosis MCI and PRE-MCI.

This evening we are heading to the San Juan Bosco Student Clinic where she works as a Clinical Faculty Mentor for the Department of Community Service (DOCS). This is a fully student-run community outreach program of the UMMSM. She provides clinical care, mentorship and supervision one evening per month for underserved psychiatric patients, allowing students the opportunity to provide free clinical care, while providing screening services and health education. As part of the DOCS programs, she has been the primary supervisor at the mental health station at the Key West health fair since 2011, providing annual screenings.

This reporter needs to sign off; tomorrow is an early day. Dr. Crocco needs to prepare for the UMMSM Admissions Committee. From reviewing applicant files, interviewing candidates and attending multiple committee meetings, the responsibilities are many.

Currently an assistant professor, Dr. Crocco has been part of the UM family for 17 years, completing her fellowship in geriatric psychiatry at University of Miami/Jackson Memorial Hospital in 1997. She truly represents the high standards of the "U" and a well deserving selection for this edition's Faculty Spotlight.

To recommend someone for Faculty Spotlight or Staff Stars, please email suggestions to PsychBrainstorms-DL@med.miami.edu

We followed Dr. Elizabeth (Liz) Crocco for the day to see what all the buzz was about for the Department of Psychiatry and Behavioral Sciences' first "Faculty Spotlight" recipient. It's Wednesday morning and Dr. Crocco starts her day as medical director of the JMH 20-bed acute care psychiatric unit, specializing in individuals over 55 years. During her seven years on the unit, she typically cares for extremely complex individuals with chronic mental illness as well as multiple medical comorbidities and cognitive dysfunction. She also heads the Division of Geriatric Psychiatry in the Department of Psychiatry and Behavioral Sciences. In this leadership role, she assists in expanding the subdivision through recruitment of new faculty as well as expanding the

role of UM geriatric psychiatry in community long term care facilities/nursing homes.

Walking across the campus, she is busy returning patient calls. She has been seeing geriatric psychiatry patients in the outpatient setting for 15 years. She receives referrals throughout the South Florida community from medical specialists and community psychiatrists needing diagnostic and treatment expertise. These complex cases include, but are not limited to, patients with Parkinson's disease, multiple medical comorbidities as well as treatment resistant depression.

We arrive at 1 pm at the Memory Disorder Clinic at the Professional Arts Center, where she serves as medical director and PI. She oversees the coordination of clinical

Mini Pulse Survey

Mini-Pulse was the inaugural employee engagement effort to collect feedback from all employees to guide the strategic objectives of the University, school, and our department. It was clear from the survey results that our faculty and staff had some very favorable feelings about our department. Specifically, our employees are proud to work for UM, understand how their responsibilities fit into the goals of the U and are always willing to go the extra mile to help UM succeed. The full results can be found at:

https://umshare.miami.edu/web/wda/psychiatrysec/2013Mini_PulsePsych.pdf. As a result of your feedback, the leadership of the department is taking action to create a culture of open and ongoing communication. A few initiatives we will focus on include:

- Launch of the BrainStorms Newsletter
- Ongoing Feedback Loops
- Employee and Faculty Recognition

Our goal is to create a more engaged and satisfied workforce. *To that end, we want to hear from you regularly.*

Here are some new ways for you to participate:

- Read the newsletter and stay informed about exciting departmental and UMMSM activities
- Nominate Faculty for the Faculty Spotlight to PsychBrainstorms-DL@med.miami.edu
- Nominate Staff Stars to PsychBrainstorms-DL@med.miami.edu
- Submit comments to PsychBrainstorms-DL@med.miami.edu
- Want to be anonymous? Submit comments via fax to 305-355-9076

Chin Chin Lee, M.S., Senior Project Manager



There has been research hypothesizing that people choose a career that connects them to what they enjoy doing in their free time. Though many of you have seen her racing across campus to multiple meetings at the IRB, CRB etc, as sr. project manager in the department; you may not know that Chin Chin is an avid marathon athlete, having participated in numerous races around the world. Chin Chin began her UM career in 1998 as a research assistant in the COA and raced through the ranks to her present role in 2011 as senior project manager and assistant director of the multisite CREATE grant.

Webster defines "marathon" as a footrace run over a distance; something (as an event, activity, or session) characterized by great length or concentrated effort. Our data on Chin confirm the above hypothesis to be true. On any given day, as sr. project manager for several large NIH grants and projects, Chin Chin Lee will be organizing the research staff, students, the PIs and a flurry of participants arriving for the schizophrenic, Alz Dis, MCI, technology intervention and caregivers studies. In between, she will be checking with various colleagues across the country, preparing the next four upcoming grants and making sure they contain the appropriate science, budget, data and RFA requirements.

Though not quite reaching the exact mileage definition of 26.2 miles for a marathon, Chin Chin was close. In addition to her administrative duties, she has her own research career intergrating her engineering training (BS and MS in Industrial Engineering) and public health training (MSPH). Her interests are in the application of technology to support health care delivery and services for older populations, especially lower SES minority population.

All trophies look different at the end of a race; hers is a snapshot of numerous successful grant submissions. Her bibliography includes 10 book chapters, and 12 articles in scientific journals. A quote from Dr. Sara J. Czaja sums it all: "Chin Chin is extremely dedicated to the goals and projects of the COA and always willing to go the next step and put in extra effort. She brings a fresh eye to our projects and wonderful enthusiasm. She also is wonderful with our older adult participants and is a terrific presence in the community. We are very lucky to have her as part of our team." She is definitely the marathon winner of our first "Staff Star" in the Department of Psychiatry. Congratulations on all your accomplishments Chin Chin; you symbolize the meaning of best practices and professionalism at our University of Miami.

Staff Stars

NEW
PROJECTS
NEW
PROGRAMS



UM opens South Florida's First Brain Fitness Pavilion

The Pavilion directed by Dr. Philip Harvey and Dr. Sara Czaja offers state-of-the-art, comprehensive cognitive programs, including neuropsychological assessments, assessments of everyday living skills and a customized brain fitness training program especially tailored to each participant. For more information or to schedule an appointment, call 305.355.9080, English, then option 3.

RTMS Repetitive Transcranial Magnetic Stimulation

An innovative treatment for depression, currently being offered at UMH under the supervision of Dr. Martin Strassnig and Dr. Edmi Cortes. For referrals or questions, please call 305.689.1352