A Message from the Chairman

Another fall is upon us and our Department has much to be proud of. We celebrated the graduation of our Psychiatry residents and fellows, psychiatry interns, and postdoctoral fellows on June 6, 2015 at the Coral Gables Country Club. What a terrific celebration. In July, we welcomed our new, much heralded first year residency class. These 14 new medical school graduates join us from excellent schools and I was delighted to see them at our recent Grand Rounds. They are the product of one of our very best residency matches.

We closed the fiscal year on May 31st, and it has been a successful one for both the Department and the University of Miami Health System. Our faculty continue to excel in all aspects of academic life with new NIH grants, research and teaching awards, and the provision of outstanding clinical service.

Our relationship with Jackson Behavioral Health Hospital (JBHH) is stronger than ever and we have expanded the inpatient service at the Hospital to 170 beds. We were delighted to recruit Carolyn Drazin, M.D., Ph.D., from the University of Connecticut, to serve as our Chief Medical Officer in Psychiatry of JBHH.

The University of Miami Hospital (UMH) Mood Disorders Inpatient Unit, led by Edmi Cortes, M.D., continues to thrive. Our electroconvulsive therapy (ECT) and transcranial magnetic stimulation (TMS) services, led by Martin Straussig, M.D., continue to grow. The construction of the new Day Treatment Program at UMH, supported by the generous donors on our community External Advisory Board, is imminent.

Speaking of that Board, led by Mr. Harley Tropin and Mrs. Susan Racher, we have witnessed remarkable activity including the “Stop the Stigma” event, co-hosted with the National Alliance on Mental Illness (NAMI) at UMH. This “sold-out” affair featured well known mental health advocates Ms. Elyn Saks and Mr. Pete Earley, as well as a number of our faculty. I am delighted to report that the Department will host its first major fundraising event, featuring Pulitzer Prize winning author and comedian Dave Barry, on October 8, 2015 at the de la Cruz Collection Contemporary Art Space in the Design District. For more information, please visit the Department’s website. With Ms. Kelly Kirkpatrick, our new development officer, having joined us from Chicago and the addition of a new and energetic board members, several additional outreach events are being planned.

I would be remiss if I did not mention some of the many accolades received by our faculty in the last few months, including new NIH research grants (Drs. Beurel, Kumar, Weiss-Jones, Loewenstein); election to the American College of Psychiatrists (Drs. Vasilia-Feltes, Crocco, and Durand); being named editor of a new journal (Dr. Philip Harvey); receiving an honorary doctorate from Maimonides University in Buenos Aires (Dr. Nemeroff); and Dr. Sara Czaja’s appointment to President Obama’s Council of Advisors on Science and Technology (PCAST).

We have welcomed several new faculty (Drs. Benton, Drazin, McLeod-Bryant, Rosado, Starovic) and are in the midst of several additional recruitments.

At a time when many academic medical centers in general and Departments of Psychiatry are contracting, we are fortunate to continue to grow in large part due to the support we receive from our medical center leadership. My best wishes to all of you as we embark on a new academic year.

Sincerely, Charlie
**Faculty Spotlight**

Claes Wahlestedt, M.D., Ph.D.
Leonard M. Miller Professor

Claes Wahlestedt, M.D., Ph.D., is Leonard M. Miller Professor, Vice Chair for Research in the Department of Psychiatry and Behavioral Sciences and Associate Dean and the Director for the Center for Therapeutic Innovation. Dr. Wahlestedt has authored over 200 peer-reviewed papers with 30,000+ citations. His ongoing research projects concern basic research in genetics, epigenetics, neuroscience, cancer, as well as drug discovery across several therapeutic areas. A native of Sweden, Dr. Wahlestedt obtained his M.D. and Ph.D. degrees from Lund University, and then went on to develop an international career in academia as well as in the pharmaceutical industry.

Prior to joining the University of Miami, Dr. Wahlestedt was a founding professor and director of neuroscience at the Florida campus of The Scripps Research Institute (2005 — 2011). Before that he was an endowed professor of pharmacogenomics and chair of the Department for Genomics and Bioinformatics (now Cell and Molecular Biology) at the Karolinska Institute in Stockholm (1997 - 2005). He has also directed large drug discovery and biotechnology teams in the pharmaceutical industry for Astra-Zeneca, Pharma- cia & Upjohn, and Pharmacia Corporation. His most recent biotechnologystart-ups are CURNA Inc. (acquired by OPKO Health in 2011) and Epigenex Inc. Dr. Wahlestedt travels a great deal and enjoys spending weekends relaxing, reading a good book, and enjoying: skiing, bike riding, playing squash, playing bridge, and going to the opera. He reports being a pretty good cook, but would love to once a year refine that skill, and become more of a culinary expert. Perhaps we could convince our Staff Star Joyce Sadler (see page 3) to share some of her delicious recipes with him! To recommend someone for Faculty Spotlight please email suggestions to Psychfraunstein@med.miami.edu.

**Stop the STIGMA Summit**

The University of Miami’s Department of Psychiatry & Behavioral Sciences, along with the Miami Chapter of the National Alliance on Mental Illness (NAMI), hosted a summit for over 270 participants on May 2nd, 2015 to educate our community about mental illness. The all-day event, “Stop the Stigma: Advancing Treatment of Mental Disorders,” featured Dr. Charles Nemeroff, Dr. Sara Czaja, Dr. Phil Harvey and Dr. Ushimbra Buord from the department as well as other community leaders. They were joined by Elyn Saks, who lives with schizophrenia and is a professor of law, psychiatry and psychology at the University of Southern California Gould Law School and author of The Center Cannot Hold: My Journey Through Madness, and Pete Earley, journalist, mental health advocate and Pulitzer Prize finalist for his book, Crazy: A Father’s Search Through America’s Mental Health Madness.

Joyce Sadler, Director of Business Operations

Our University’s cultural transformation successfully continues with the DREAD core values in place. Joyce has been selected as this edition’s Staff Star as she embodies core values and demonstrates the behaviors that we desire from our employees every day.

**Diversity** — Joyce accepts all people without judgment and treats them with dignity and respect.

**Integrity** — one of Joyce’s strongest virtues: she will never spin, slant or hide the truth.

**Responsibility** — she owns a task until it is complete; for example, go to her office during budget season and she is always there burning the midnight oil.

**Excellence** — Joyce takes incredible pride in her work and our department.

**Compassion** — if anyone at the U needs help, she doesn’t pause to check her job description; she helps.

**Creativity** — she will figure out how to navigate any obstacles that are a challenge.

**Teamwork** — do we even need to say it, or does everyone already know that she is the glue that holds the department together.

Joyce is an avid gardener, surely coming from her Jamaican roots, where her father at 94 is still “working the land”. From preparing green juices, vegetable juices, to her favorite annual Thanksgiving feast of fresh cooked creative dishes (her 25 year old son Zoa’s favorite); her cooking is always delicious and just right. Her hard work and dedication doesn’t end at the office. Ten years ago at holiday time, through the Samaritan’s Purse Organization, she lovingly and creatively packed a shoebox with small toys and gifts to be sent to an impoverished child somewhere in the world. Every year since, the boxes and the artistry grows and it seems that last year’s goal of 21 boxes was completed.

Joyce is an avid gardener, coming from her Jamaican roots, where her father at 94 is still “working the land”. From preparing green juices, vegetable juices, to her favorite annual Thanksgiving feast of fresh cooked creative dishes (her 25 year old son Zoa’s favorite); her culinary creations earn her an additional star! Her Culinary delights are the talk of the town, and she always delivers. Joyce takes incredible pride in her work and our department. Congratulations Joyce for being this edition’s Staff Star!
Faculty Spotlight
Claes Wahlestedt, M.D., Ph.D.
Leonard M. Miller Professor

Claes Wahlestedt, M.D., Ph.D., is Leonard M. Miller Professor, Vice Chair for Research in the Department of Psychiatry and Behavioral Sciences and Associate Dean and the Director for the Center for Therapeutic Innovation. Dr. Wahlestedt has authored over 200+ papers with 30,000+ citations. His ongoing research projects concern basic research in genetics, epigenetics, neurocognition, cancer, as well as drug discovery across several therapeutic areas. A native of Sweden, Dr. Wahlestedt obtained his M.D. and Ph.D. degrees from Lund University, and then went on to develop an international career in academia as well as in the pharmaceutical industry.

Prior to joining the University of Miami, Dr. Wahlestedt was a founding professor and director of neuroscience at the Florida campus of The Scripps Research Institute (2005 — 2011). Before that he was an endowed professor of pharmacogenomics and chair of the Department for Genomics and Bioinformatics (now Cell and Molecular Biology) at the Karolinska Institute in Stockholm (1997-2005). He has also directed large drug discovery and biotechnology teams in the pharmaceutical industry for Astra-Zeneca, Pharma-cia & Upjohn, and PharmaCorporation. His most recent biotech-
A Message from the Chairman

Another fall is upon us and our Department has much to be proud of. We celebrated the graduation of our Psychiatry residents and fellows, psychology interns, and postdoctoral fellows on June 6, 2015 at the Coral Gables Country Club. What a terrific celebration. In July, we welcomed our new, much heralded first year residency class. These 14 new medical school graduates join us from excellent schools and I was delighted to see them at our recent Grand Rounds. They are the product of one of our very best residency matches.

We closed the fiscal year on May 31st, and it has been a successful one for both the Department and the University of Miami Health System. Our faculty continue to excel in all aspects of academic life with new NIH grants and research and teaching awards, and the provision of outstanding clinical service. Our relationship with Jackson Behavioral Health Hospital (JBHH) is stronger than ever and we have expanded the inpatient service at the Hospital to 170 beds. We were delighted to recruit Carolyn Drazinic, M.D., Ph.D., from the University of Connecticut, to serve as our Chief Medical Officer in Psychiatry of JBHH.

The University of Miami Hospital (UMH) Mood Disorders Inpatient Unit, led by Edmi Cortes, M.D., continues to thrive. Our electroconvulsive therapy (ECT) and transcranial magnetic stimulation (TMS) services, led by Martin Strassng, M.D., continue to grow. The construction of the new Day Treatment Program at UMH, supported by the generous donors on our community External Advisory Board, is imminent.

Speaking of that Board, led by Mr. Harley Tropin and Mrs. Susan Racher, we have witnessed remarkable activity including the “Stop the Stigma” event, co-hosted with the National Alliance on Mental Illness (NAMI) at UMH. This “sold out” affair featured well known mental health advocates Ms. Elyn Sachs and Mr. Pete Earley, as well as a number of our Board, is imminent.

At a time when many academic medical centers in general and Departments of Psychiatry are contracting, we are fortunate to continue to grow in large part due to the support we receive from our medical center leadership. My best wishes to all of you as we embark on a new academic year.

Sincerely, Charlie