# General Psychiatry Residency Training Program
## 2016-2017 Residents
### Class of 2017

<table>
<thead>
<tr>
<th>Name</th>
<th>Medical School</th>
<th>Graduate School</th>
<th>Clinical Interests</th>
<th>Research Interests</th>
<th>Other Interests/Hobbies</th>
<th>Why did you choose to train at Jackson/UM Psychiatry?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lujain Alhajji, MD</td>
<td>University College Cork, Ireland</td>
<td></td>
<td>Consultation Liaison Psychiatry</td>
<td></td>
<td>Traveling, cooking, kayaking, hiking</td>
<td>I chose Jackson/UM because of the patient diversity and the opportunity to train in three different hospital settings.</td>
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<tr>
<td>Zelde Espinel, MD</td>
<td>Universidad del Rosario</td>
<td>Institute of Social Studies (The Netherlands), Florida International University (Miami, FL)</td>
<td>Geriatric Psychiatry, Disaster Psychiatry, Global Mental Health</td>
<td>Global Mental Health, Caregiver Stress</td>
<td>Traveling</td>
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<tr>
<td>Aarti Jerath, MD, MA</td>
<td>University of Illinois College of Medicine (Chi/Peor/Rock/Chm-Urb)</td>
<td>Harvard University</td>
<td>Boston University</td>
<td>Psychopharmacology</td>
<td>Tennis, new experiences, meeting people, traveling</td>
<td>Loved the program.</td>
</tr>
</tbody>
</table>
Marc Kalin, DO
Chief Resident

Medical School: Arizona College of Osteopathic Medicine
Undergraduate School: Luther College
Clinical Interests: Mindfulness, Mood and Anxiety Disorders
Research Interests: Schizophrenia, Bipolar Disorder and functional outcomes
Other Interests/Hobbies: Running, snowboarding, going to the beach
Why did you choose to train at Jackson/UM Psychiatry? Fabulous program, great diverse population, train at multiple facilities.

Aditya Pulikal, MD JD

Medical School: University of Iowa College of Medicine
Undergraduate School: University of Iowa
Graduate School (if applicable): University of Iowa
Clinical Interests: Pain medicine, Intellectual Property
Research Interests: Therapeutic use of Oxytocin in pain, PTSD and chronic pain; Outcome predictors for interventional pain medicine; Role of neuroplasticity, specifically glia as a commonality between chronic pain and clinical depression.
Other Interests/Hobbies: Restoring/upgrading vintage cars, furniture making, volunteering with my TDI certified dog
Why did you choose to train at Jackson/UM Psychiatry? Impressed with the approachability of the world class faculty here and the great mentorship.

Lauren Thomas, MD

Medical School: Wake Forest University School of Medicine
Undergraduate School: Duke University
Clinical Interests: Schizophrenia
Other Interests/Hobbies: Reading, time with family, scrapbooking, creative endeavors
Why did you choose to train at Jackson/UM Psychiatry? Large and cohesive group of residents, diverse patient population, exposure to full spectrum of psychopathology.