General Psychiatry Residency Training Program
2019-2020 Residents

Class of 2020

Maher Almatrafi, MD

Medical School: King Abdulaziz University College of Medicine and Allied Sciences
Clinical Interests: General Psychiatry, Mood and Anxiety Disorders, Psychotherapy and Personality disorders
Research Interests: Mood Disorders, Stress
Other Interests/Hobbies: Travel, movies, water sports
Why did you choose to train at Jackson/UM Psychiatry? Diverse patient population, Solid foundation in academics and research, The fellowship opportunities.

Lindsay Cox, DO

Medical School: Philadelphia College of Osteopathic Medicine, Georgia Campus
Undergraduate School: University of South Florida Honors College
Clinical Interests: Addiction Psychiatry, Psychopharmacology, Personality disorders
Research Interests: Efficacy of pharmacologic interventions on the core symptoms of borderline and antisocial personality disorders; effect of high-potency entheogens on motivation, cognition, and empathy; novel treatment modalities in substance abuse
Other Interests/Hobbies: Electronic music composition (techno), improvising on the saxophone, weight lifting, performance arts/dancing, traveling, nightlife, cultivating new experiences
Why did you choose to train at Jackson/UM Psychiatry? There were several highly attractive features of the program that led me to select Jackson/UM as my training program. One aspect in particular was the high volume of patients that present at the crisis ED and on the inpatient units. This degree of exposure provides for a well-rounded view of diverse psychopathology, which leads the resident to develop necessary skills required for treating patients efficiently, compassionately, and comfortably. In addition, I was especially impressed by the copious avenues for involvement in existing faculty research projects, as well as opportunities to conduct primary research. It has been my experience so far that Jackson/ UM has such a welcoming air of learning and professional development that I have felt very much at home (both in the program and literally back home in Florida!) Ultimately, I can say honestly I am very satisfied with my decision to rank Jackson/UM first during the Match, and I am very excited for what may come in the next four years.
Bryce Cragg, MD

Medical School: Texas Tech University School of Medicine
Undergraduate School: B.A., Biochemistry & Molecular Biology, Reed College
Graduate School: M.S., Neuroscience, Texas Tech University Health Sciences Center
Clinical Interests: General psychiatry, psychotherapy
Research Interests: Classification and pathophysiology of psychiatric syndromes
Other Interests/Hobbies: Reading, writing, zoology, evolution, camping, carpentry

Why did you choose to train at Jackson/UM Psychiatry?
Committing to a specialty and choosing a residency program have the potential to be quite stressful. One must sometimes reconcile tentative, developing personal and academic interests with somewhat limited information about the different programs gathered over the course of the interview season. I ranked this program #1 because I was aware of the long track record of success in research, education, and clinical efficacy held by the departmental and program leadership, and because the residents I met here were not only accomplished and caring, but also singularly happy. These observations gave me confidence that this was a place of both rigor and rich enjoyment. The curriculum and culture at the University of Miami are a well-nurtured synthesis of those at other top programs in the country. Daily I feel that I have been rewarded with an exceptional training environment (and a beautiful city) for following my intuition.

Shaily Desai, MD

Medical School: University of Miami School of Medicine
Undergraduate School: University of Miami
Clinical Interests: Child and Adolescent Psychiatry, Psychotherapy, Personality Disorders, Women’s Health
Research Interests: Anxiety, Mood Disorders, Stress, Sleep
Other Interests/Hobbies: Spending time with friends & family, traveling, movies, trying new restaurants

Why did you choose to train at Jackson/UM Psychiatry?
Depth of pathology, multiple hospitals on site, large program size, work/life balance, warm weather doesn’t hurt :)

Julie Guzzardi, MD

Medical School: Rosalind Franklin Un Of Med & Sci/Chicago Medical School
Undergraduate School: Augustana College
Clinical Interests: Geriatric Psychiatry, Forensics, Consult Psychiatry
Research Interests: Dementia, late onset Depression, Quality Improvement
Other Interests/Hobbies: Swimming, spending time with friends and family, board games (Settlers of Catan), brunch

Why did you choose to train at Jackson/UM Psychiatry?
Depth of pathology, breadth of clinical experiences at 3 different hospitals (all on the same campus!!), research and fellowship opportunities, positive and motivated residents and faculty, large program size, strong program and departmental leadership, location.
**Gregory Hutton, MD**

**Medical School:** Eastern Virginia Medical School  
**Undergraduate School:** American University  
**Clinical Interests:** Inpatient, CL Psychiatry, Forensic Psychiatry  
**Research Interests:** Brain gene expression and control in stress and other situations  
**Other Interests/Hobbies:** Aquariums, outdoors related exercise, invertebrate zoology, histology, marine biology  

**Why did you choose to train at Jackson/UM Psychiatry?** Your ability as a clinician largely depends upon the exposure and guidance you had during your training. At this program more than anywhere else in the United States you are treating the entire breadth of psychiatric pathology. Sure it’s hard work but you get out what you put in. It’s also clearly a program that is well respected and growing.

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**Nicolas Lescano, MD**

**Medical School:** Instituto Universitario Escuela de Medicina del Hospital Italiano  
**Clinical Interests:** Evidence-Based Psychotherapy, Anxiety and Dissociative Disorders, PTSD, Brain Stimulation Therapies  
**Research Interests:** Health Informatics, Clinical Effectiveness  
**Other Interests/Hobbies:** Playing guitar, reading, meditation  

**Why did you choose to train at Jackson/UM Psychiatry?** Balance of great clinical diversity, research opportunities and the unique lifestyle of Miami.

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**Elizabeth Perkins, MD**

**Medical School:** SUNY Upstate Medical University  
**Undergraduate School:** Commonwealth Honors College, University of Massachusetts, Amherst, Psychology B.A., Philosophy B.A.  
**Clinical Interests:** Addiction, Autism Spectrum Disorders, Child & Adolescent Psych  
**Research Interests:** Currently pursuing basic biomedical research in the lab of Claes Wahlestedt, M.D., Ph.D., primarily focused on novel treatments Autism Spectrum Disorders and the genetic basis of addiction and anxiety.  
**Other Interests/Hobbies:** Painting, writing, traveling, food, the ocean. The most recent addition - sailing with my fellow residents.  

**Why did you choose to train at Jackson/UM Psychiatry?** The supportive, collegiate environment was very attractive to me as well as a great work-life balance that allows for accommodation of personal interests and goals. The program has exceeded all of my expectations.
Claudia Rodriguez Miranda, MD

Medical School: Universidad Central del Caribe
Undergraduate School: University of Puerto Rico, Rio Piedras Campus
Graduate School: Universidad Central del Caribe School of Medicine
Clinical Interests: Geriatrics, Psychosomatic
Research Interests: Mood disorders
Other Interests/Hobbies: Dance, movies, outdoor festivals

Why did you choose to train at Jackson/UM Psychiatry? I chose Jackson/UM Psychiatry based on the academic and vast clinical opportunities the program offers. There is an immense exposure to diversity of pathologies, excellent attending supervisors, and a great opportunity to develop as a skilled clinician. Lastly, I love living in Miami!

Matthew Stark, MD

Medical School: University of Miami School of Medicine
Undergraduate School: University of Miami
Clinical Interests: Child & Adolescent Psychiatry, Geriatric Psychiatry, General Psychiatry
Research Interests: Suicide risk assessment, Intervention, and Prevention; Dementia
Other Interests/Hobbies: Gaming, metal music, science fiction

Why did you choose to train at Jackson/UM Psychiatry? One of my main goals for my training is to feel by the end of it that there’s virtually nothing I haven’t seen at least once. Therefore, I wanted a program with a true diversity of clinical experiences (a public hospital, a private hospital, psychiatric emergency exposure, and interaction with fellowships in all or most of the sub-specialties). I also wanted a “high volume” program so that I could train to be efficient as well as effective. And importantly, the program, environment, and city all had to be compatible with an acceptable lifestyle that would leave me happy outside of work. Our program here at Jackson/UM does all of those things, and it does them well.