

General Psychiatry Residency Training Program 2017-2018 Residents

Class of 2020

Areej Alfaraj, MD



Medical School: Jordan University of Science and Technology Faculty of Medicine
Clinical interests: Addiction Psychiatry, Psychotic Disorders (spectrum), Personality Disorders, Child and Adolescent Psychiatry

Research interests: Drugs Induced Psychosis, effects of PTSD in general health and association with comorbidities, Psychotic Disorders (spectrum), Suicide Risk and Prevention, Impulse Disorder in Children, Autistic Disorders

Other interests/hobbies: Reading, writing, swimming, dancing, traveling

Why did you choose to train at Jackson/UM Psychiatry? The program is large and growing, diversity of population in 3 hospitals, the staff are motivated, research opportunity and Miami is a city that I really like!!

Maher Almatrafi, MD



Medical School: King Abdulaziz University College of Medicine and Allied Sciences

Clinical Interests: General Psychiatry, Mood and Anxiety Disorders, Psychotherapy and Personality disorders

Research Interests: Mood Disorders, Stress

Other Interests/Hobbies: Travel, movies, water sports

Why did you choose to train at Jackson/UM Psychiatry? Diverse patient population, Solid foundation in academics and research, The fellowship opportunities.

Lindsay Cox, DO



Medical School: Philadelphia College of Osteopathic Medicine, Georgia Campus

Undergraduate School: University of South Florida Honors College

Clinical Interests: Addiction Psychiatry, Psychopharmacology, Personality disorders

Research Interests: Efficacy of pharmacologic interventions on the core symptoms of borderline and antisocial personality disorders; effect of high-potency entheogens on motivation, cognition, and empathy; novel treatment modalities in substance abuse

Other Interests/Hobbies: Electronic music composition (techno), improvising on the saxophone, weight lifting, performance arts/dancing, traveling, nightlife, cultivating new experiences

Why did you choose to train at Jackson/UM Psychiatry? There were several highly attractive features of the program that led me to select Jackson/UM as my training program. One aspect in particular was the high volume of patients that present at the crisis ED and on the inpatient units. This degree of exposure provides for a well-rounded view of diverse psychopathology, which leads the resident to develop necessary skills required for treating patients efficiently, compassionately, and comfortably. In addition, I was especially impressed by the copious avenues for involvement in existing faculty research projects, as well as opportunities to conduct primary research. It has been my experience so far that Jackson/UM has such a welcoming air of learning and professional development that I have felt very much at home (both in the program and literally back home in Florida!) Ultimately, I can say honestly, I am very satisfied with my decision to rank Jackson/UM first during the Match, and I am very excited for what may come in the next four years.

Bryce Cragg, MD



Medical School: Texas Tech University School of Medicine

Undergraduate School: B.A., Biochemistry & Molecular Biology, Reed College

Graduate School: M.S., Neuroscience, Texas Tech University Health Sciences Center

Clinical Interests: General psychiatry, psychotherapy

Research Interests: Classification and pathophysiology of psychiatric syndromes

Other Interests/Hobbies: Reading, writing, zoology, evolution, camping, carpentry

Why did you choose to train at Jackson/UM Psychiatry? Committing to a specialty and choosing a residency program have the potential to be quite stressful. One must sometimes reconcile tentative, developing personal and academic interests with somewhat limited information about the different programs gathered over the course of the interview season. I ranked this program #1 because I was aware of the long track record of success in research, education, and clinical efficacy held by the departmental and program leadership, and because the residents I met here were not only accomplished and caring, but also singularly happy. These observations gave me confidence that this was a place of both rigor and rich enjoyment. The curriculum and culture at the University of Miami are a well-nurtured synthesis of those at other top programs in the country. Daily I feel that I have been rewarded with an exceptional training environment (and a beautiful city) for following my intuition.

Shaily Desai, MD



Medical School: University of Miami School of Medicine

Undergraduate School: University of Miami

Clinical Interests: Child and Adolescent Psychiatry, Psychotherapy, Personality Disorders, Women's Health

Research Interests: Anxiety, Mood Disorders, Stress, Sleep

Other Interests/Hobbies: Spending time with friends & family, traveling, movies, trying new restaurants

Why did you choose to train at Jackson/UM Psychiatry? Depth of pathology, multiple hospitals on site, large program size, work/life balance, warm weather doesn't hurt :)

Julie Guzzardi, MD



Medical School: Rosalind Franklin Un Of Med & Sci/Chicago Medical School

Undergraduate School: Augustana College

Clinical Interests: Geriatric Psychiatry, Forensics, Consult Psychiatry

Research Interests: Dementia, late onset Depression, Quality Improvement

Other Interests/Hobbies: Swimming, spending time with friends and family, board games (Settlers of Catan), brunch

Why did you choose to train at Jackson/UM Psychiatry? Depth of pathology, breadth of clinical experiences at 3 different hospitals (all on the same campus!!), research and fellowship opportunities, positive and motivated residents and faculty, large program size, strong program and departmental leadership, location.

Gregory Hutton, MD



Medical School: Eastern Virginia Medical School

Undergraduate School: American University

Clinical Interests: Inpatient, CL Psychiatry, Forensic Psychiatry

Research Interests: Brain gene expression and control in stress and other situations

Other Interests/Hobbies: Aquariums, outdoors related exercise, invertebrate zoology, histology, marine biology

Why did you choose to train at Jackson/UM Psychiatry? Your ability as a clinician largely depends upon the exposure and guidance you had during your training. At this program, more than anywhere else in the United States you are treating the entire breadth of psychiatric pathology. Sure, it's hard work but you get out what you put in. It's also clearly a program that is well respected and growing.

Igor Korolev, DO, PHD



Medical School: Michigan State University College of Osteopathic Medicine
Undergraduate School: B.S. in Neuroscience (Brandeis University)
Graduate School: Ph.D. in Neuroscience (Michigan State University)
Clinical Interests: Geriatric Neuropsychiatry, Public Health/Disaster Response
Research Interests: Alzheimer's disease, Dementia, Mild Cognitive Impairment, Biomarkers, Neuroimaging, Personalized Medicine, Clinical Trials
Other Interests/Hobbies: Outdoors, travel, hockey, photography
Why did you choose to train at Jackson/UM Psychiatry? I chose to pursue residency training at Jackson/UM for several reasons. First, the program offers top-notch clinical training with diverse clinical experiences across 4 hospitals on one campus (including a dedicated behavioral health hospital with a psychiatric ER and a geriatric unit), and fellowship training in several subspecialties. Second, there are many research opportunities here, including Alzheimer's disease research at the Center on Aging and McKnight Brain Institute. Third, UM/Jackson has strong faculty and program/department leadership. Finally, I was excited to experience Miami's climate and culture!

Nicolas Lescano, MD



Medical School: Instituto Universitario Escuela de Medicina del Hospital Italiano
Clinical Interests: Evidence-Based Psychotherapy, Anxiety and Dissociative Disorders, PTSD, Brain Stimulation Therapies
Research Interests: Health Informatics, Clinical Effectiveness
Other Interests/Hobbies: Playing guitar, reading, meditation
Why did you choose to train at Jackson/UM Psychiatry? Balance of great clinical diversity, research opportunities and the unique lifestyle of Miami.

Mitch Otu, MD, MBA



Medical School: Keck School of Medicine of USC
Undergraduate School: Washington University in St. Louis
Graduate School: Marshall School of Business of USC
Clinical Interests: Child Psychiatry, Mood and Anxiety Disorders, PTSD
Research Interests: Health Services Research
Other Interests/Hobbies: Soccer, music production
Why did you choose to train at Jackson/UM Psychiatry? Jackson/UM had everything that I was looking for in a residency program: opportunity for extensive clinical experience, excellent co-residents who are diverse and well-rounded, and a city that is great for work and play.

Jonathan Parker, MD



Medical School: University of Miami School of Medicine

Undergraduate School: University of Florida

Graduate School: University of Florida, M.A. Economics, M.S. Real Estate

Clinical Interests: Child Psychiatry, Addiction, Personality Disorders

Research Interests: Healthcare economics, Mood disorders

Other Interests/Hobbies: Baking cookies, photography, sailing, scuba diving, cycling

Why did you choose to train at Jackson/UM Psychiatry? As a prior UM medical student, I knew first hand of the high caliber faculty and very supportive environment of the residency program. As a group, it's hard to find more friendly, happy, more collegiate fellow residents than are in our program. Additionally, the Psych ER is a madhouse and I love that.

Elizabeth Perkins, MD



Medical School: SUNY Upstate Medical University

Undergraduate School: Commonwealth Honors College, University of Massachusetts, Amherst, Psychology B.A., Philosophy B.A.

Clinical Interests: Addiction, Autism Spectrum Disorders, Child and Adolescent Psychiatry

Research Interests: Currently pursuing basic biomedical research in the lab of Claes Wahlestedt, M.D., Ph.D., primarily focused on novel treatments Autism Spectrum Disorders and the genetic basis of addiction and anxiety.

Other Interests/Hobbies: Painting, writing, traveling, food, the ocean. The most recent addition - sailing with my fellow residents.

Why did you choose to train at Jackson/UM Psychiatry? The supportive, collegiate environment was very attractive to me as well as a great work-life balance that allows for accommodation of personal interests and goals. The program has exceeded all my expectations.

**Claudia Rodriguez
Miranda, MD**



Medical School: Universidad Central del Caribe

Undergraduate School: University of Puerto Rico, Rio Piedras Campus

Graduate School: Universidad Central del Caribe School of Medicine

Clinical Interests: Geriatrics, Psychosomatic

Research Interests: Mood disorders

Other Interests/Hobbies: Dance, movies, outdoor festivals

Why did you choose to train at Jackson/UM Psychiatry? I chose Jackson/UM Psychiatry based on the academic and vast clinical opportunities the program offers. There is an immense exposure to diversity of pathologies, excellent attending supervisors, and great opportunity to develop as a skilled clinician. Lastly, I love living in Miami!

Jerome Siegmeister, MD



Medical School: University of Miami School of Medicine

Undergraduate School: Florida International University

Graduate School: University of South Florida

Matthew Stark, MD



Medical School: University of Miami School of Medicine

Undergraduate School: University of Miami

Clinical Interests: Child & Adolescent Psychiatry, Geriatric Psychiatry, General Psychiatry

Research Interests: Suicide risk assessment, Intervention, and Prevention; Dementia

Other Interests/Hobbies: Gaming, metal music, science fiction

Why did you choose to train at Jackson/UM Psychiatry? One of my main goals for my training is to feel by the end of it that there's virtually nothing I haven't seen at least once. Therefore, I wanted a program with a true diversity of clinical experiences (a public hospital, a private hospital, psychiatric emergency exposure, and interaction with fellowships in all or most of the sub-specialties). I also wanted a "high volume" program so that I could train to be efficient as well as effective. And importantly, the program, environment, and city all had to be compatible with an acceptable lifestyle that would leave me happy outside of work. Our program here at Jackson/UM does all those things, and it does them well.

Shariful Syed, MD



Medical School: SUNY at Downstate/Brooklyn College of Medicine

Undergraduate School: Stony Brook University

Clinical Interests: Mood and Anxiety disorders, DBT, TMS/ECT, Exercise/nutrition role in mental health

Research Interests: Currently working with Dr. Nemeroff and Dr. Wahlestedt in: Early life Stress, HPA axis. Goal is to explore and for career to revolve around Neurobiology of resilience.

Other Interests/Hobbies: Weight training, running, cycling, meditation, outdoorsy things, reading

Why did you choose to train at Jackson/UM Psychiatry? Balance of intense clinical load, diverse psychopathology/experience, and research/academia. Strikes me as program on the rise and wanted to contribute to its growth. The exceptionally high quality of faculty and potential mentors were also a defining point for me, arguably second to none if your interests line up. I really like the personality of this program.