General Psychiatry Residency Training Program
2019-2020 Residents
Class of 2021

Nada Alyousha, MD

Medical School: Arabian Gulf University College of Medicine and Medical Sciences

Nadege Barbe, MD

Medical School: University of Miami, Leonard M. Miller School of Medicine
Undergraduate School: Florida Atlantic University
Clinical Interests: Child and Adolescent Psychiatry, Sleep Medicine, Pharmacotherapy, Psychotherapy
Research Interests: Quality improvement, Child and Adolescent Psychiatry, Sleep Medicine
Other Interests/Hobbies: Cooking, travelling, pilates
Why did you choose to train at Jackson/UM Psychiatry?
Being a UMMSM graduate, I chose to stay in Miami due to the quality of the faculty, research opportunities, and the incredibly diverse patient population here. My goal is to be a competent, knowledgeable psychiatrist and I have no doubts that continuing my training here will allow me to do so!
Yasin Bez, MD

Medical School: Marmara University School of Medicine
Undergraduate School: Marmara University School of Medicine
Clinical Interests: Schizophrenia, Bipolar disorders, Psychopharmacology, Child and Adolescent Psychiatry, Sexual dysfunctions, CBT
Research Interests: Clinical trials, Neurobiology of psychiatric disorders, Psychiatric disorders in medically ill patients, Medical education
Other Interests/Hobbies: Volleyball, Billiards

Why did you choose to train at Jackson/UM Psychiatry?
Program offers exposure to diverse patient population under the supervision of exceptionally high quality/well-known faculty as well as extensive research opportunities and fellowship training in several subspecialties. Supportive and friendly environment with open-door policy and dynamic nature that is sensitive to resident feedbacks ensure a pleasant training experience. I found more than I expected and feel lucky as a new member of this great family.

Matt Bojanowski, MD

Medical School: University of Louisville, School of Medicine
Undergraduate School: Vanderbilt University
Clinical Interests: Emergency Psychiatry, Ambulatory Psychiatry
Research Interests:
Other Interests/Hobbies: Basketball, Ultimate Frisbee, Running

Why did you choose to train at Jackson/UM Psychiatry?
I love the mix of cultures in Miami and seeing the diversity of patients that come through our residency program.

Cody Bryant, MD

Medical School: University of California, Irvine, School of Medicine
Undergraduate School: Oklahoma Christian University
Clinical Interests: Psychosomatic Medicine
Research Interests: Medical Ethics
Other Interests/Hobbies: Running, Travelling, Hiking, Video Games

Why did you choose to train at Jackson/UM Psychiatry?
There were so many aspects about this program that led to me choosing UM/Jackson. The program is very open to resident feedback, and the administration has a strong history of consistently making changes when issues are brought up by the residents. The city has amazing diversity, tons of great food, and is the perfect gateway to the rest of the world, with direct flights available throughout Europe and South America. Finally, after living on the West Coast for medical school, I was ready to have a new adventure here on the Atlantic Ocean.
C. Evan Combs, MD

**Medical School:** Florida State University College of Medicine  
**Undergraduate School:** Florida State University  
**Clinical Interests:** PTSD, Domestic violence, Child abuse  
**Research Interests:** Depression, PTSD  
**Other Interests/Hobbies:** Cars, Grilling

**Why did you choose to train at Jackson/UM Psychiatry?**
I want to be best prepared to help my patients. Here, I am fortunate to see challenging cases, learn from esteemed attendings, and work alongside supportive coresidents. After living in Panama years ago, I feel right at home here in Miami.

Joshua Delaney, MD

**Medical School:** The University of Toledo, College of Medicine  
**Undergraduate School:** The Ohio State University  
**Clinical Interests:** Psychotic disorders, psychopharmacology  
**Research Interests:** Schizophrenia, treatment of bipolar depression, ECT, TMS, sports psychiatry  
**Other Interests/Hobbies:** Exploring Miami, sports, outdoors, gym, steak

**Why did you choose to train at Jackson/UM Psychiatry?** Comprehensive curriculum that will provide in depth training with a very diverse patient population, the size of the resident class, facilities and the convenient fact that the 3 hospitals are within walking distance (hard to find this elsewhere), research opportunities and resources, very busy psych ER that provides good exposure early on, fellowship opportunities...need I go on? Oh yeah, it’s Miami too.
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<tr>
<th>Name</th>
<th>Medical School</th>
<th>Undergraduate School</th>
<th>Clinical Interests</th>
<th>Research Interests</th>
<th>Other Interests/Hobbies</th>
<th>Why did you choose to train at Jackson/UM Psychiatry?</th>
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<tbody>
<tr>
<td>Maria Hadjikyriakou, MD</td>
<td>Virginia Commonwealth University School of Medicine</td>
<td>The University of Virginia</td>
<td>Psychosomatics, Psycho-oncology</td>
<td>Psycho-oncology</td>
<td>Coffee, enjoying the wonderful beaches and learning about the different cultures in Miami, exploring social venues around the city</td>
<td>Diverse patient population; exposure to private, public, and VA hospital settings; supportive environment; program responsive to resident feedback; large program; location in an awesome city</td>
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<td>Roaa Jambi, MD</td>
<td>King Abdulaziz University College of Medicine and Allied Sciences</td>
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<td>I chose Jackson because of the diverse patient population and the opportunities to learn in a variety of settings. The staff is helpful and always willing to teach and the residents are all great to work with.</td>
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<td>Fred Jones-Rosa, MD</td>
<td>Medical College of Wisconsin</td>
<td>University of Wisconsin Madison</td>
<td>Schizophrenia, Emergency psychiatry, Interventional psychiatry</td>
<td>ECT, TMS</td>
<td>Exploring the city, working out, trying out new social venues</td>
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Jessica Lydiard, MD

**Medical School:** Medical University of South Carolina College of Medicine  
**Undergraduate School:** College of Charleston  
**Clinical Interests:** Mood disorders, anxiety, addiction psychiatry, women’s health  
**Research Interests:** Addictions, bipolar disorder, relationship between neuroendocrinology and psychiatric disorders  
**Other Interests/Hobbies:** traveling, dog park, cooking, live music, beach  
**Why did you choose to train at Jackson/UM Psychiatry?** Great city with lots of diversity, 3 hospitals that serve very different patient populations, lots of research opportunities, supportive environment, responsive to resident feedback, great faculty and residents

Natalie Martinez-Sosa, MD

**Medical School:** Ponce Health Sciences University School of Medicine  
**Undergraduate School:** University of Puerto Rico, Aguadilla Campus  
**Clinical Interests:** Women’s Health, Forensic Psychiatry  
**Research Interests:** Mood disorders  
**Other Interests/Hobbies:** Movies, baking desserts, travel  
**Why did you choose to train at Jackson/UM Psychiatry?** I chose to train at Jackson/UM because here I am exposed to all subspecialties within Psychiatry and won’t be limited to one patient population. Its Miami location provides great weather year-round, exposure to many cultures, and opportunities for work-life balance.

Shumaia Rahman, DO

**Medical School:** Philadelphia College of Osteopathic Medicine  
**Undergraduate School:** University of the Sciences of Philadelphia  
**Clinical Interests:** Public Psychiatry  
**Research Interests:** Community psychiatry, quality improvement  
**Other Interests/Hobbies:** Food, going out and exploring new social venues, travel  
**Why did you choose to train at Jackson/UM Psychiatry?** Nice weather, fun people, great faculty and diverse population
Timothy Saeed, DO

**Medical School:** Edward via College of Osteopathic Medicine  
**Undergraduate School:** University of Wisconsin-Milwaukee  
**Clinical Interests:** Sleep medicine/Child and Adolescent/ Addiction medicine  
**Research Interests:** Pediatric neuropsychiatry/ Neurodevelopmental delays in children with concurrent psychiatric conditions  
**Other Interests/Hobbies:** Outdoor activities, Exploring new cuisines, concerts

*Why did you choose to train at Jackson/UM Psychiatry?* The combination of the Miami area where the patient population is abundantly diverse, leading to the greatest exposure to unique cases combined with the environment of an academic institution.

Sonya Sandhu, MD

**Medical School:** Wayne State University School of Medicine  
**Undergraduate School:** Wayne State University  
**Clinical Interests:** Child & Adolescent Psychiatry, Psychotherapy  
**Research Interests:** Neuroimaging, fMRI  
**Other Interests/Hobbies:** Movies, music, travel, trying out new restaurants

*Why did you choose to train at Jackson/UM Psychiatry?*  
I was looking for a program that offered a range of clinical opportunities to its residents. Between working at the VA, Jackson, and the University of Miami Hospital I knew that I would be well-trained after working closely with three unique patient populations. Also it is great to be a part of a residency with such a large program size!

Kristi Wintermeyer, MD

**Medical School:** Florida International University Herbert Wertheim College of Medicine  
**Undergraduate School:** Florida International University  
**Clinical Interests:** Child and Adolescent Psychiatry, Emergency Psychiatry, Women’s mental health  
**Research Interests:** Health disparities, quality improvement, personality disorders and treatment options  
**Other Interests/Hobbies:** Kayaking, Orangetheory, cooking, dancing

*Why did you choose to train at Jackson/UM Psychiatry?* Born and raised in Miami, I have seen the many underserved populations and community need for well trained psychiatrists. There are so many different races, ethnicities, SES variations in our patients and I believe exposure to this is a crucial aspect of becoming a successful doctor. Besides the diversity of the population we work with, Miami is a wonderful city and there is always something to do. I also hope to complete a fellowship in child and adolescent psychiatry and UM offers many fellowship programs.