General Psychiatry Residency Training Program
2018-2019 Residents
Class of 2022

Feras Alkharboush, MD

Medical School: King Saud University, Riyadh College of Medicine
Undergraduate School: King Saud University, Riyadh College of Medicine
Clinical Interests: Personality disorders, Impulse control disorders, Psychotherapy
Research Interests: Neurogenetics and Precision Psychiatry, Medical ethics, Systems Neuroscience
Other Interests/Hobbies: global mental health, Stand up Comedy & Magic, theater,
Why did you choose to train at Jackson/UM Psychiatry?
It’s a flexible program with lots of options to choose from in terms of research and clinical exposure, which is very useful as my interests mature during residency. And of course, its Miami!

Abdulrahman Althukair, MD

Medical School: University of Dammam College of Medicine
Undergraduate School: University of Dammam
Clinical Interests: Psychotherapy, Counseling, Child and Adolescent Psychiatry, Personality Disorders.
Research Interests: Neuropsychiatry, Mood disorders, Medical Education
Other Interests/Hobbies: Soccer, squash, traveling, hiking, voice-over
Why did you choose to train at Jackson/UM Psychiatry?
Many factors played a role to choose Jackson/UM. I wanted a strong clinical, academic and research environment and I found it all in one program. One more thing, it’s Miami!
Maite Castillo, MD

**Medical School:** FIU Herbert Wertheim College of Medicine  
**Undergraduate School:** FIU  
**Clinical Interests:** Forensic Psychiatry, Psychotic Disorders, Mania, Emergency Psychiatry, Dementias, Psychotherapy  
**Research Interests:** Neurobiology, Criminal Psychology  
**Other Interests/Hobbies:** Puzzles, reading, video games. I’m also a big fan of eating food, not cooking it.  
**Why did you choose to train at Jackson/UM Psychiatry?**  
Totally not biased here, but this is the best place to train, hands down. Exposure to a diverse population? Check. Awesome weather year-round? Check. Top-notch psychiatrists to teach me? Check. Do I get to do Emergency Psych since year 1? Triple check. Does it have Forensics Fellowship? Check! Seriously, what’s not to love?

Natalie Cummings, MD

**Medical School:** University of North Carolina, Chapel Hill, School of Medicine  
**Undergraduate School:** UNC Chapel Hill  
**Clinical Interests:** Forensic Psychiatry, Psychotic Disorders, Personality Disorders, Integrative Medicine  
**Research Interests:** Criminal Psychology, Genetics, Psychopharmacology  
**Other Interests/Hobbies:** Traveling, Movies and Spending time with my dog Lu  
**Why did you choose to train at Jackson/UM Psychiatry?**  
I greatly valued the exposure that Jackson/U Miami offers to a diverse psychiatric population, ranging from patients in the private, public and VA sector. As a large program that emphasizes research, community integration and service, Miami had everything I was looking for in a training program. While I loved living in North Carolina, I was hoping to experience residency in a larger, urban setting and I wanted to continue working with underserved and Spanish-speaking populations – Miami was a perfect fit. My dog Lu and I love the water so year-round beach access was an added bonus!
Carolina Blaya Dreher, MD, PhD

Medical School: Universidade Federal de Ciencias da Saude de Porto Alegre, Faculdade de Medicina
Undergraduate School: ColegioAmericano
Clinical Interests: Anxiety disorders
Research Interests: Anxiety disorders, genetic and CBT
Other Interests/Hobbies: Kids, beach, sports, reading
Why did you choose to train at Jackson/UM Psychiatry? Because it is an outstanding program.

Jessica Healey, MD

Medical School: Cooper Medical School of Rowan University
Undergraduate School: Rowan University
Clinical Interests: Child and Adolescent Psychiatry, Forensics
Research Interests: Neuropsychiatry, Criminal Psychology
Other Interests/Hobbies: Concerts, reading, traveling
Why did you choose to train at Jackson/UM Psychiatry? Working at three different hospitals each with a unique patient population, the opportunity to train with some of the best psychiatrists in their respective areas, and the large size of the program... I also get to train in a city where it never snows and I can go to the beach all year!

Jacob Kannarkat, MD

Medical School: University of Miami, Leonard M. Miller School of Medicine
Undergraduate School: The University of Florida
Clinical Interests: Mood Disorders, Schizophrenia
Research Interests: Depression, Statistics, Mental Health Systems
Other Interests/Hobbies: Fitness, Reading, Electronic Music Production
Why did you choose to train at Jackson/UM Psychiatry? Having studied here for medical school, I understood firsthand the caliber of training residents receive here, who rotate through many different practice settings, being exposed to psychopathology of all forms. The faculty are continuously striving for excellence in patient care, teaching and research. I chose Jackson/UM Psychiatry because I wanted both a challenging and supportive residency experience.
Jordan Levy, MD

Medical School: SUNY Upstate Medical University College of Medicine
Undergraduate School: Vanderbilt University
Clinical Interests: Psychotic disorders, personality disorders, addiction
Research Interests: Addiction, community psychiatry
Other Interests/Hobbies: Running, music festivals, exploring Miami

Why did you choose to train at Jackson/UM Psychiatry? A combination of the diverse patient population that Miami has to offer, large program size, and exposure to 3 hospitals that serve different patient populations made Jackson/UM my top choice. Plus, Miami is an awesome city with beautiful weather, which doesn’t hurt!

Stephon Martin, MD

Medical School: Boston University School of Medicine
Undergraduate School: University of Pennsylvania
Clinical Interests: Addiction, Mood disorders, Child-Adolescent, Psychotherapy
Research Interests: Addiction
Other Interests/Hobbies: Weight lifting, basketball, ping pong, karaoke

Why did you choose to train at Jackson/UM Psychiatry? The decision to train at Jackson/UM was a pretty easy one to make. The program is filled top to bottom with truly brilliant individuals with personalities as large as their CV. A three hospital system within walking distance serving exquisitely diverse populations offers a varied training experience without the hassle of commuting. At a period in life filled with change, stress little time and less sleep, what place could be better than Miami to help you make the most of what you have?!

Seriously. You can’t imagine what dinner on your balcony with these sunsets will do for your own mental health. Physician wellness first folks!
David Martinez-Garza, MD

**Medical School:** Universidad Autonoma de Nuevo Leon Facultad de Medicina
**Undergraduate School:** Universidad Autonoma de Nuevo Leon Facultad de Medicina
**Clinical Interests:** Neuroscience, Neuropsychiatry, Psychotherapy.
**Research Interests:** Neurobiology, Stem-cell based research, neuroimaging.
**Other Interests/Hobbies:** Sports (Soccer>Football), Electronic Dance Music (UMF>EDC), Fantasy Novels (LOTR>GOT)

**Why did you choose to train at Jackson/UM Psychiatry?** Perfect balance of clinical exposure, world-class academia, topped with extensive opportunities for research. One morning you can be working with internationally renowned researchers making breakthrough discoveries, and the very same afternoon screen for depression in underserved communities. Now imagine telling your friends about your day on the beach at sunset.

Valentina Metsavaht Cará, MD

**Medical School:** Pontifícia Universidade Católica do Rio Grande do Sul - Escola de Medicina (PUCRS)
**Undergraduate School:** Universidade do Vale do Rio dos Sinos - Curso de Realização Audiovisual (UNISINOS / CRAV)
**Clinical Interests:** Psychotherapy, Neuroscience, Mood and Personality Disorders, and I'm sure this list will adapt along the next 4 years
**Research Interests:** I have experience with Neuroimaging/fMRI and Neuroscience, but I would like to work also with Mood Disorders and Pharmacology
**Other Interests/Hobbies:** Books, Comic Books and Graphic Novels, Movies, Biking, Traveling, enjoying Nature

**Why did you choose to train at Jackson/UM Psychiatry?** I first came here as an observer and was amazed with the program. We are exposed to many different settings during the training, and also to a huge variety of clinic population and ethnic backgrounds. I love the multicultural exchange that happens everyday, everywhere in Miami and that is reflected on what we see and do at Jackson/UM. Another reason to chose this program are the great opportunities for research and at the same time, the possibility of focusing more into psychotherapy if that's what we decide to do. And of course, with great attendings who inspire and guide us through this exciting journey of becoming a psychiatrist.
Jessica Mikolowsky, MD

Medical School: University of Queensland - Ochsner Clinical School
Undergraduate School: University of Georgia
Clinical Interests: Mood Disorders, C-L Psychiatry, Integrative Medicine
Research Interests: Neuroimaging, Quality Improvement
Other Interests/Hobbies: traveling, movies, coffee

Why did you choose to train at Jackson/UM Psychiatry? I loved the diverse patient population and variety of clinical sites. The weather is fantastic. I get to end every day with a walk on the beach.

Julia Salinas, MD

Medical School: Sidney Kimmel Medical College at Thomas Jefferson University
Undergraduate School: Brown University
Clinical Interests: emergency psychiatry, consult/liaison psychiatry
Research Interests: neuropsychiatry, stem cell research
Other Interests/Hobbies: live music, hiking, travelling

Why did you choose to train at Jackson/UM Psychiatry? Working with a diverse patient population

Noah Smith, MD

Medical School: University of South Carolina School of Medicine Greenville
Undergraduate School: University of South Carolina
Clinical Interests: Therapy and Inpatient Psychiatry
Research Interests: Mindfulness and Integrative Medicine
Other Interests/Hobbies: Basketball, tennis, live music, yoga, and meditation

Why did you choose to train at Jackson/UM Psychiatry? In Miami I knew there would be no challenge I wouldn’t face an abundance of, whether it be homelessness, substance abuse, treatment-resistant mental illness or cultural conundrums, as Miami has it all. On top of that, I couldn’t ask for a more eclectic yet fun-loving group of co-residents and faculty to share the experience with. There may be a handful of other programs that also boast incredibly diverse residents, faculty, and patients, but when you get off work, what do you have to help you unwind from a challenging day? One glimpse of the yachts cruising through the bay on a warm December day, and you’ve already forgotten about the IM Haldol you just had to give the patient who tried to elope the unit as you opened the door to leave for the day. With all there is to do and see in this vibrant city, how could you blame her?
Amy Waters, MD

Medical School: University of Miami, Leonard M. Miller School of Medicine
Undergraduate School: University of Florida
Clinical Interests: Forensic Psychiatry, Child Psychiatry, Psychotherapy
Research Interests: Neuropsychiatry, Genetics and Criminality
Other Interests/Hobbies: Checking things off my never-ending Miami bucket list, Netflix binging, long walks on South Beach with my main man TOBY!

Why did you choose to train at Jackson/UM Psychiatry? I think it’s really an honor to serve this type of patient population. We also get exposure to such a variety of pathology along the entire spectrum of illness, which is rare to find in a residency program. Having studied here for medical school, it was clear the residents were all well prepared and supported by a faculty that genuinely cares. I’m grateful to continue training here and excited for the years to come. Oh, and of course, it’s Miami - you get to live where everyone else vacations!