

General Psychiatry Residency Training Program 2019-2020 Residents

Class of 2023

Nikita Bodoukhin, MD



Medical School: Florida International University HWCAM

Undergraduate School: University of Florida

Clinical Interests: Neuromodulation, Inpatient Psychiatry

Research Interests: Sleep, ECT, TMS, Pathophysiology, Quality Improvement

Other Interests/Hobbies: Consumer electronics, video games, kayaking

Why did you choose to train at Jackson/UM Psychiatry?

I loved the fact that there would be many excellent opportunities to hone my skills and prepare me to care for diverse populations. This academic center in a busy metropolitan area allows me to enjoy city life and kayaking in my free time.

Stephanie Bonafoux, DO



Medical School: Nova Southeastern University

Undergraduate School: Cornell University

Clinical Interests: Child and Adolescent Psychiatry, Forensic Psychiatry, Psychotherapy, Integrative Medicine, Public Health

Research Interests: Neuroimaging, Integrative Psychiatry

Other Interests/Hobbies: Video Games, Painting, Travel, Nature

Why did you choose to train at Jackson/UM Psychiatry?

I was and am still convinced that Jackson would provide the best education/preparation in Psychiatry through exposure to every possible domain of the field and diverse patient populations. The faculty and other residents are also very down to earth and friendly!

Keneil Brown, MD



Medical School: Florida International University HWCAM

Undergraduate School: Grinnell College

Clinical Interests: Child and Adolescent Psychiatry, Eating disorders

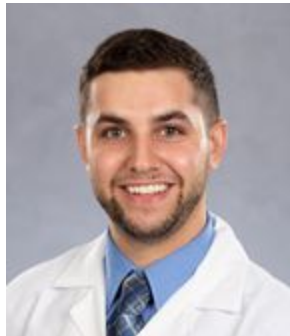
Research Interests: Child and Adolescent Psychiatry

Other Interests/Hobbies: Biking, Fútbol, Billiards, Table tennis, AR-Technology

Why did you choose to train at Jackson/UM Psychiatry?

I did my first psychiatry rotation with residents in this program and it was then that I first became interested in the field of psychiatry. I chose Jackson because this is where I learned the difference between clinical psychiatry and what we learned in the classroom and it was here that I decided I would become a psychiatrist.

Adam Goldenberg, MD



Medical School: Medical College of Wisconsin

Graduate School: Loyola University Chicago- Stritch School of Medicine

Undergraduate School: University of Illinois at Urbana-Champaign

Clinical Interests: Inpatient/Emergency Psychiatry, ECT, Psychosis, Mania

Research Interests: Schizophrenia, Bipolar Disorder

Other Interests/Hobbies: Sports, Ice Hockey, Nutrition, Fitness, Board Games

Why did you choose to train at Jackson/UM Psychiatry?

Jackson/UM Psychiatry is an exceptional, well-respected training program that provides its residents the opportunity to diagnose and manage the entire spectrum of psychopathology in three very different hospital settings (Jackson, UMH, VA) which are conveniently located on one large campus. The residents are happy, the faculty are wonderful, and the benefits are excellent (such as free health insurance, meal stipends, STEP 3 reimbursement). Our administration is down to earth, and we are fortunate to live in the beautiful city of Miami.

Moayad Kabli, MD



Medical School: King Abdulaziz University College of Medicine and Allied Sciences

Alexander Katz, MD



Medical School: Texas Tech University Health Sciences Center

Undergraduate School: The University of Texas at Austin

Clinical Interests: Geriatrics, Addictions, Eating Disorders, Psychopharmacology

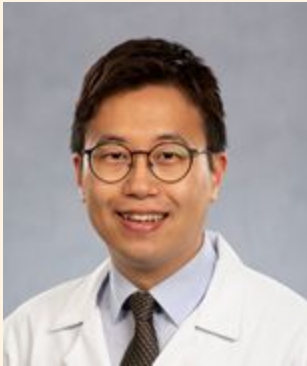
Research Interests: Nutritional Psychiatry

Other Interests/Hobbies: Fitness, Nutrition, Video Games, Russian Literature

Why did you choose to train at Jackson/UM Psychiatry?

The Psychiatry Residency Training Program at Jackson Memorial / University of Miami offers a chance to work with a diverse patient population in a major metropolitan area, which ensures exposure to a wide variety of pathology. Jackson/UM integrates rotations at three hospitals which each provide a unique learning environment and are located on a single campus. The faculty, administration and residents are truly special and I couldn't think of a better place to train!

Sung Min Ma, MD



Medical School: Tufts University School of Medicine

Undergraduate School: Swarthmore College

Clinical Interests: Psychotherapy, Psychopharmacology, Forensic, Addiction

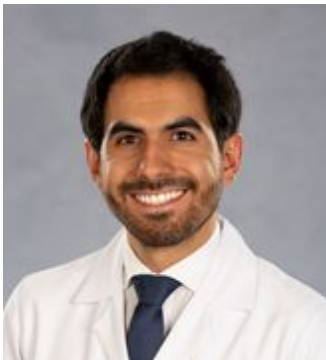
Research Interests: Cultural psychiatry, Systems/delivery of mental health care

Other Interests/Hobbies: Biking, Painting, Visiting art museums/galleries

Why did you choose to train at Jackson/UM Psychiatry?

I have found Jackson/UM Psychiatry to be a standout program given its devotion to robust clinical training, research, and tremendously diverse patient population. I was impressed by enriching experience of working in public, private, and VA hospitals with unique patient demographics. Also, I was drawn to the beautiful city of Miami which welcomes and embraces all cultures. Jackson/UM is a great place to learn and immerse in a culture-focused approach in psychiatry practice.

Omar Muñoz, MD



Medical School: Universidad Anáhuac México Norte

Undergraduate School: Universidad Anáhuac México Norte

Clinical Interests: Psychotherapy, Psychopharmacology, Mood disorders, Neuropsychiatry.

Research Interests: Genetics, Psychopharmacology, Neuroimaging.

Other Interests/Hobbies: Travel, Music, Hiking, Video Games, Art, Movies.

Why did you choose to train at Jackson/UM Psychiatry?

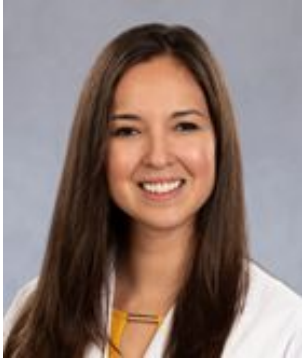
Picture this: You go to the hospital in the morning and you get to diagnose and treat patients from all types of cultural backgrounds, from the most psychotic to the ones that only need psychotherapy. Then you get lectures and feedback from the top psychiatrists in the world. At the end of the day, you leave the hospital and instantly remember that you're in the amazing vacation-city of Miami, enjoying your professional and personal life.

Ghaith Shukri, MD



Medical School: King Abdulaziz University College of Medicine and Allied Sciences

Connie Spelius Perez, MD



Medical School: University of Nevada, Reno

Undergraduate School: University of Nevada, Reno

Clinical Interests: Mood disorders, Psychosis, Psychotherapy

Research Interests: Psychotherapy, Neuroimaging, Psychotic and Mood disorders

Other Interests/Hobbies: Lifting, Running, Dancing, Traveling, Music shows, Being outdoors

Ahmed Valdes, MD



Medical School: University of Miami Miller School of Medicine

Undergraduate School: Florida State University

Clinical Interests: Psychosis, Delirium, Mania

Research Interests: Psychopharmacology

Other Interests/Hobbies: South Korean movies, North Korean documentaries

Why did you choose to train at Jackson/UM Psychiatry?

Close to home. Feels like home. Why else?

Dennis Valerstein, MD



Medical School: Northwestern University Feinberg School of Medicine

Undergraduate School: Emory University

Clinical Interests: Child and Adolescent

Research Interests: Child and Adolescent

Other Interests/Hobbies: Sports, Movies, TV shows, Music, Guitar, Ukulele, Piano.

Why did you choose to train at Jackson/UM Psychiatry?

The residents were friendly, happy, willing to help/answer questions, and acted like a family. The program provided a great diversity of patients given that we rotate through a public hospital, private hospital, and the VA. The faculty seemed to value and consider the resident's opinion and they truly seemed to be invested in their residents' futures. Finally, I love Miami, a city with great diversity of culture, warm weather (!!!), amazing food, and my hometown where I have friends and family.

Michelle Zaydlin, MD



Medical School: San Juan Bautista School of Medicine

Undergraduate School: University of Michigan

Clinical Interests: Child and Adolescent Psychiatry, Forensic Psychiatry, Psychotherapy

Research Interests: Child trauma, Eating disorders, Autism Spectrum Disorder and other developmental disorders, Wellness and Lifestyle Medicine

Other Interests/Hobbies: Art, biking, running, animals, outdoors

Why did you choose to train at Jackson/UM Psychiatry? The moment I began my interview at Jackson/UM I knew this program was my dream place to train. The combination of opportunities for clinical psychiatry, research and psychotherapy was unlike that of any other program. The faculty and residents made me feel at home and were caring and welcome from day one. The patient population also was so unique allowing me to see a diversity of individuals culturally as well as a huge spectrum of psychopathologies. This program truly is one of a kind. Plus, you can't go wrong living in Miami!